

Purpose of Program:

- Provide foot care for patients who are unable to care for their own feet, who do not have insurance coverage for this service, and who cannot afford private foot care services.
- Provide care for diabetic foot problems and complicated foot problems.

Inclusion Criteria:

- Diabetic patients who need foot care.
- Patients who cannot care for their own feet due to obesity, arthritis, frailty etc.

Exclusion Criteria:

- Does not meet the *Declaration of Income and Need* criteria.
- Capable of self-management.
- Acute Wounds.
 - Outsource to home care.
 - Can be referred to CHFHT foot care for subacute and chronic footcare thereafter, if applicable
- Ingrown toenails.

Visit Types & Frequency:

- 2 Types of visits:
 - Uncontrolled Foot Issue: q6-8 weeks, titrate individual need from there.
 - Preventative Maintenance: q10-12 weeks, titrate individual need from there.
- All visits are booked for 30 minutes (2 patients per hour)
 - Includes prep, treatment, and cleanup time.
 - Some treatments take longer, some are shorter, but this evens out.

Discharge Criteria:

- *Note: the Footcare Program is unique in that most patients will require ongoing preventative maintenance indefinitely.*
- Patient's condition stabilizes, *and*
 - can self-manage maintenance, *or*
 - not prone to recurrences.
- Patient can be referred to an alternative service that meets needs.

Outsourcing Options:

- See *External Foot Care Resources* document.
- Consider if Home Care options are applicable (i.e. wound care)
- Gateway CHC in Tweed (if still available).